

Zumba Kids

presented by ForeverHartFit

Saturday, November 17

9:30 – 10:15 a.m.



Calling the Jr. Zumba squad! Kids ages 5-12 rock out to their favorite music with kid-friendly routines based on original Zumba choreography. We break down the steps, add games, activities, and cultural exploration to make this a class your kids will beg to do again! Children will develop confidence, leadership, respect, memory, coordination, and cultural awareness. This is not a dance class...it's Zumba Kids!

Sign up in the Children's Room
beginning Friday, November 9